

# DAUK WOMEN'S CAUCUS

## APRIL ACTION CHALLENGE

### ACTIVIST THEME: THE EARTH & HER ENVIRONMENT

Each month, DAUK Women's Caucus invites you to take part in small actions with a big impact. In April, we are focusing on The Earth & Her Environment. Try incorporating environmentalism and conservation in your own life with these challenges. For more info, click on each one. Don't forget, sharing is caring! [#wcactionchallenge](#)

#### OBSERVE

##### Ingredients Origin Challenge

- Make a habit of knowing food origins. Support local, in season, natural ingredients in food, home & cleaning products. (2 min)

##### Self- Reflection Challenge

- Observe your habits: turning off lights, unplugging electronics, using disposable products. Consider decreasing & reusable.

##### Climate Contemplation Challenge

- Reflect on the effect of Climate Change on your life now, & what it might be in 10 yrs? 20 yrs? 50 yrs? (10 min)

#### LEARN

##### Recycling Challenge

- Learn your local recycling rules. Don't forget taking electronics, batteries, light bulbs, & plastic film to local centres (5 min)

##### Carbon Footprint Challenge

- Take a carbon footprint quiz to see your impact and where you can make the easiest changes. (10 min)

##### Learn for a Lifetime Challenge

- Sign up for Calvin's List to receive alerts related to the environment twice per month. (2 min)

#### ENGAGE

##### EPA Rehaul Challenge

- Support calls for Pruitt's resignation by contacting the EPA & your congressional reps. (10 min)

##### Postcard Challenge

- Write to your reps urging them to support the commitments of the Paris agreement or thank them for their support. (5 min)

#### ACT

##### Eat Your Ethics Challenge

- On your next groceries trip: consider buying in bulk, local, in season, non-toxic & energy efficient products. (30 min)

##### Takeaway Challenge

- At our April Mtg, Women's Caucus Members voted to: Research our own state's environmental issues & protections.